

## PRAYER QUESTIONARE

Answer as honest as possible and as many if it is applicable

1.	Time: What time of the day wor O morning O mid-day O afternoon O odd free moments	ks best when it comes to prayer? O evening O late at night O various times O other:
2.	Place: Where is it easiest for yo or indoors or at home or at a desk or in church	u to pray? O outdoors O at work O in a chair O other:
3.	Posture: How do you best pray? O sitting O kneeling O with eyes open O hands folded	<ul><li>Standing</li><li>walking</li><li>with eyes closed</li><li>other:</li></ul>
4.	Setting: What context is best for O alone O with the family O as a part of the congregation	O with one other person O in a small group
5.	Aids: Which tools, if any, might  O a book about prayer  O a list of prayer requests  O a list of breath prayers	O a book of prayers

6.	Length: Beyond what point is it difficult for you to pray?		
	O after a few minutes	O after 15 minutes	
	O after minutes	O the moment I decide to pray	
	O it depends on the day	O it's usually easy to pray	
	O it's usually difficult	O other:	
7.	Growth: What length of time you	would like to grow towards?	
	O 10 minutes	○ 45 minutes	
	O 15 minutes	○ 60 minutes	
	O 20 minutes	O minutes	
	○ 30 minutes	O other:	
8.	Goal: What length of time is you	r first step towards that goal?	
	O 5 minutes	O 30 minutes	
	O 10 minutes	O minutes	
	O 15 minutes	O other:	
9.	Action: What do you need to do to be most successful with your goal?		
	O tell someone	O change scheduled appointment	
	O set reminders	O wake up earlier	
	o schedule time to pray	O go to bed earlier	
	• find an aid	O other:	
	3 <b>a</b> a a.a	o omor.	
10	. When you or someone you know	needs prayer, what are you most	
. •	likely to do?		
	O write it down	O forget about it	
	O pray right then	O I don't do much about it	
	🔾 tell a friend	O share with the church	
	<ul><li>think about it</li></ul>	O other:	